

CLIMBING AREAS

■ Howe Sound – The east side of Howe Sound, between Horseshoe Bay and Squamish, offers a growing selection of forested sport crags, bouldering zones and adventurous alpine objectives. Enjoy fantastic, rugged scenery and epic sunsets as you explore the full spectrum of climbing disciplines.

■ Caulfeild Sea Cliffs – Scenic oceanfront climbing on impeccable golden stone, in small neighbourhood parks. A good variety of moderate trad, sport and easy deep-water traversing. Often climbable in winter, these are classic venues for picnicking, watching sunsets and viewing oceanic wildlife.

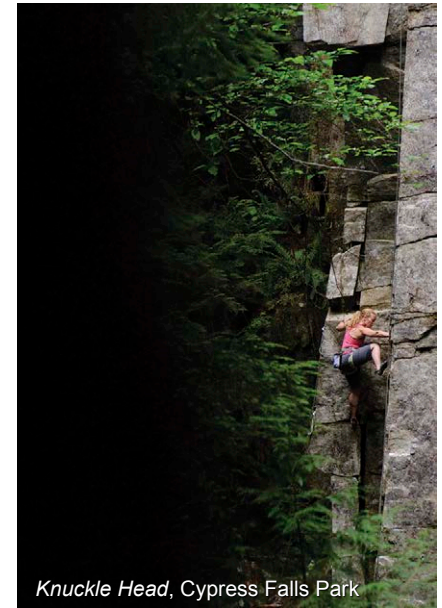
■ Cypress Falls Park – Excellent variety of bouldering, single-pitch crack and sport climbs in and alongside a picturesque canyon with three waterfalls. Super fast access and ideal during a mid-summer heat wave.

■ Cypress Mountain – High-density, forested bouldering on a future development site (private property). There are also a few very short roped climbs nearby, directly above the highway.

■ Grouse Mountain – Alpine multi-pitch climbs with arduous approaches in a wild, rugged setting that is surprisingly close to the city. Resident grizzly bears and a plush chalet round out the appeal.

■ Lynn Valley – Lynn Headwaters Regional Park features nearly 150 boulder problems and about 30 sport routes, all sheltered under the canopy of the rainforest. The park has an excellent trail network and you'll discover many artifacts from the early century logging industry. After climbing, enjoy a refreshing dip in Lynn Creek, indulge ice cream at the End of the Line General Store, or hit the Black Bear Pub for frosty pints.

■ Deep Cove – Low-angle sport climbing and top roping on a crag reminiscent of the Smoke Bluffs, but in a quaint, coastal setting that overlooks the dark blue waters of Deep Cove. Also, a bit of forest bouldering on a few small granite outcrops. Be sure to visit The Raven for awesome pizza!



Knuckle Head, Cypress Falls Park

